



Dear Families,

As Half term approaches, please see below details of the '**Feb Half Term Eat to Meet holiday programme**' run by the Local Authority.

The February "Eat to Meet 2" Half Term programme starts on the 12<sup>th</sup> February and there are lots of great activities happening over the school holidays. Children and young people, from reception to age 16, who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the half term holidays including specific provision available for children with SEND or additional needs, at **no cost**. There's a great range of activities across the city including activities linked to **Chinese New Year, Shrove Tuesday, and Valentine's Day** as well as **boxfit, football, music, dance, cycling, gymnastics, smoothie making bike, cooking, discos, archery, arts and crafts, drama, tri-golf, trips out and zorbing!** Every day there will be a range of fabulous meals available with many schemes holding family events as well.

To find out where your nearest scheme is click on this link <https://merseyplay.com/february-half-term-eat-to-meet/> or go to <https://www.merseyplay.com> and click on the February Eat to Meet half term activities link.

When a parent/guardian/carer has chosen the activity/scheme they will need to contact that organisation to book a place. Each organisation will have either a telephone number, email address or online booking system. If their child has any additional needs or dietary requirements then they will need to discuss this with the organisation when they book. There is no central booking system so they will need to read the details of the programmes on the website and contact the providers directly.

- If you want to know how to register or how to check if your child is eligible for free school meals then please click on the link <https://www.gov.uk/apply-free-school-meals>
- You will need your national insurance number or an asylum seekers support number.
- If you are struggling with the cost of living then please click: <https://www.liverpool.gov.uk/cost-of-living/>
- If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. Click on the link to find out how to register <https://www.healthystart.nhs.uk/>



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Liverpool City Council is working with Mersey Play Action Council, local schools, voluntary and community organisations, and childcare providers to deliver the Eat To Meet Half Term Activity programme.

The Family Information and SEND Directory also provides a wealth of useful information and support for families - [FISD](#).