



PSHE OVERVIEW



Living in the wider world:

- Employability skills and the importance
- Researching jobs and CV analysis
- Written presentation on job applications

In Year 12, living in the wider world education within PSHE focuses on developing employability skills and understanding their importance for future careers. Pupils research different jobs, analyse CVs, and complete written presentations on job applications. This learning equips pupils with practical skills and confidence to succeed in the workplace and make informed career decisions.

Health and wellbeing:

- Class B drugs
- Body image and expectations
- Managing various stresses in life

In Year 12, health and wellbeing education within PSHE supports pupils in understanding the risks associated with Class B drugs, and the impact of body image and societal expectations on mental health. Pupils also explore strategies for managing various stresses in life, promoting resilience, self-awareness, and positive wellbeing.

Relationships and sex:

- Living in diverse societies
- Challenging discrimination
- Challenging prejudice

In Year 12, relationships and sex education within PSHE helps pupils understand life in diverse societies and the importance of equality and inclusion. Pupils learn to recognise and challenge discrimination and prejudice, whether experienced personally or observed, promoting respect, empathy, and responsible citizenship.

Living in the wider world:

- Post-18 options
- Exploring apprenticeships, university and full-time education
- Financial planning and decisions

In Year 12, living in the wider world education within PSHE supports pupils in exploring post-18 options, including apprenticeships, university, and full-time education. Pupils also develop skills in financial planning and decision-making, equipping them to make informed choices and prepare for independent adult life.

Relationships and sex:

- Consent and assertive communication
- Recognising abuse and building positive relationships
- Managing dangerous situations and relationships

In Year 12, relationships and sex education within PSHE focuses on consent and assertive communication. Pupils learn to recognise signs of abuse, build positive relationships, and develop strategies for managing dangerous situations and unhealthy relationships. This learning supports personal safety, resilience, and the ability to form respectful, healthy connections.

Health and wellbeing:

- Independence and staying safe
- Travel
- First aid

In Year 12, health and wellbeing education within PSHE supports pupils in developing independence and keeping themselves safe in everyday life. Pupils learn about safe travel and essential first aid skills, equipping them to respond confidently in emergencies and manage personal safety effectively.