



St John Bosco  
ARTS COLLEGE

# PERSONAL, SOCIAL, HEALTH ECONOMIC POLICY 2024



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# Our mission, vision and values

**'Together we inspire each other to flourish in faith,  
hope and love.'**

## Our vision

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We want everyone within the St John Bosco family to go cheerfully into the world, sharing love, knowledge and kindness.

## Our mission

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At St John Bosco, we provide an ambitious Catholic education that lays foundations for our students and our communities to flourish into the best version of themselves.

By working together, through the Salesian values we share we believe gladness and joy should be at the heart of everything we do, supporting future generations to surpass their incredible potential.

## Our values

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At St John Bosco, everything we do is underpinned by our shared values. Each represent and reflect us as individuals, as a Catholic Salesian college, and a strong pillar of our local community.



# PERSONAL, SOCIAL, HEALTH AND CITIZENSHIP EDUCATION (PSHE) POLICY

## RATIONALE:

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St John Bosco Arts College believes that a strong PSHE education is important to help our pupils develop into well-rounded members of society, who are able to make a positive contribution to their community. At St John Bosco Arts College, our PSHE curriculum is strongly tied to our relationship and sex education (RSE) and pastoral care programme. In our college we constantly work with the mission statement “to foster care, quality and equality for all” according to the ideals of St John Bosco.

**The vision for students, staff and others linked to our school is to always look to achieve our personal best in every aspect of school life.**

## Intent

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Our PSHE and Citizenship curriculum aims to equip children with essential skills for life; it intends to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Successful PSHE curriculum coverage is a vital tool in preparing children for life in society now and in the future. The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing their knowledge of when and how they can ask for help.

The PSHE and Citizenship resources are fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. This curriculum covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The curriculum fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

## Implementation

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The school PSHE and Citizenship Curriculum is designed to focus on a different theme each term allowing each student to receive a broad offering in each academic year. These themes are revisited each year which enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. Lessons also signpost key words, building a rich vocabulary to develop understanding. SJB PSHE lessons are designed to be delivered in a creative manner, using many approaches such as role play, discussion of case studies and games with groups of various sizes. These activities enable children to build confidence and resilience. Each lesson begins with a discussion of children’s existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning.

We continue to tailor our PSHE programme to best reflect the needs of our current children at St John Bosco Arts College through:

1. Promoting their spiritual, moral, cultural, mental and physical development
2. Preparing them for the opportunities, responsibilities and experiences of later life. (Education Act 2002/ Academies Act 2010)
3. The use of student and parent/carer voice

## Impact

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Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part. The PSHE curriculum supports the active development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them. Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. Evidence suggests that successful PSHE education also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and

empowering them with skills to overcome barriers they face. The SJB curriculum can be used as a whole-school approach to positively impact wellbeing, safeguarding and SMSC outcomes. This can ensure that all children are able to develop the knowledge, skills and attributes they need to succeed at school and in the wider world.

- Our school is one where everyone is encouraged and supported to achieve their personal best.
- Our school is welcoming, inclusive, has a real community feel and is a place where everyone is valued.
- Our pupils and staff treat each other equitably, fairly, with kindness and with mutual respect. At all times, staff and pupils are encouraged to show a high regard for the needs and feelings of others through their actions and words.
- Our pupils and staff are enterprising and approach challenges with a 'can-do' attitude.
- The needs and interests of all pupils, irrespective of gender, culture, ability or aptitude, will be promoted through an inclusive and varied PSHE curriculum at our school.
- Our environment is safe and clean with everyone sharing responsibility for it.
- Our culture is one of continuous improvement, creativity and enthusiasm.
- Parents and carers will be informed about the policy via the school's website where it, and the PSHE curriculum, will be available to read and download.

This policy will be used alongside the following policies in order to ensure a comprehensive PSHE education:

- Relationship and Sex Education Policy
- Drugs Policy
- Anti -Bullying Policy
- Careers Education Information, Advice and Guidance Policy
- Pastoral Support Plan
- Whole College Food Policy
- Social Inclusion Policy

## OUTCOMES OF THE PSHE CURRICULUM:

### Pupils will learn to:

- Understand what constitutes a healthy lifestyle.
- Understand safety issues, both in real life and online.
- Develop responsibility and independence within school, which they will take forward into society in their working lives.
- Respect other people, in particular, learning to respect the different cultural/ethnic/religious/gendered viewpoints of others in our school community and the wider world.
- Understand what constitutes 'socially acceptable' behaviour at school and in society.
- Be a constructive member of society.
- Understand democracy.
- Develop good relationships with peers and adults.
- Develop self-confidence, self-esteem and self-worth.
- Make positive, informed choices as they make their way through life.

Understand that they have a right to speak up about issues or events, and to respect others right to do the same.

## SCHOOL CURRICULUM:

Opportunities exist throughout the curriculum for promoting students personal, social and emotional development.

Through a whole school audit, it has been identified that there are many opportunities for pupils throughout their school career and opportunities for enrichment within the curriculum. Curriculum time includes the following:

- Teaching PSHE through and in other subjects/curriculum areas
- Through PSHE activities and college events
- Through guest speakers and visiting theatre companies
- Through Enrichment days
- Through curriculum time - this is delivered once a fortnight (1 hour session).
- Through assemblies that address key themes around PSHE. In some cases, these themes have been developed into projects by the student council.

## TEACHING METHODS:

A range of teaching and learning styles will be used to teach PSHE.

Teaching will be pupil-led and there will be an emphasis on active learning techniques such as discussion and group work.

Pupils will learn research, study techniques, and have the opportunity to engage in investigations and problem-solving activities.

All pupils will be encouraged to take part in charity work and volunteering, as well as organising

## REPORTING AND CONFIDENTIALITY:

Every lesson should reinforce that, if pupils have any personal concerns or wish to talk about any of the issues raised in the lesson; they should feel comfortable consulting their teacher or another member of staff about this.

Pupils will be encouraged to have an open dialogue regarding any such issues with the teacher but must understand that their teacher may not be able to keep certain information confidential, for example, where

there are safeguarding issues raised. When a pupil does wish to speak to a teacher about any such issue, the teacher should ensure that the pupil is aware of this responsibility.

## **MONITORING, REVIEW AND EVALUATION:**

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Implementation of the PSHE curriculum and updates will be reported to SLT and governors.

## Contact Us



0151 330 5142



[www.stjohnboscoartscollege.com](http://www.stjohnboscoartscollege.com)  
[enquiries@stjohnbosco.org.uk](mailto:enquiries@stjohnbosco.org.uk)