

Are friendships in schools impacting others?

Do you feel you have exhausted avenues in trying to resolve conflicts?

If yes , please feel free to contact us

We have dedicated a programme to explore friendship resolution

The overall aim of this programme is to allow young people to feel heard, understood and respected while empowering them with the skills to be in the same environment as others with no disruption to learning

The sessions will be a safe place and an agreement will be reached by all parties to support the sessions.

Primary school will be offered 2 x 60 minute sessions. This gives time to listen, acknowledge feelings and move forward.

A parent session can be offered if school do feel this will impact positively.

Secondary school will be offered 4 x 60 min session.

This will allow friendship groups to talk, listen, understand and offer time to convey feelings comfortably. Offers time to varying dynamics of friendships groups and encourages individuals to discuss their feelings and valued.

A parent session can be offered to support this and also discuss the approach this programme does take.

All sessions will be young person led, respect will be built and views can be appropriately challenged.



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